



THE GYROLOG

THE GYRO CLUB OF EDMONTON
Club Charter No. 18, July 29, 1921

President-George Schuller, Past President-Jack Bowen

Vice-President-Ray Dallaire

Secretary-Barry Walker, Treasurer-Larry Dobson

**Directors- Jim Lepp, Leon Lubin, Martin Marshall, Sheldon Weatherby
Dunc Mills (Ex-Officio)**

Database Administrator-Chuck Gerhart, Gyrolog Editor-Fred Schulte

Club Website: www.edmontongyroclub.com

APRIL 2025

BIRTHDAYS: Larry Wang, 85 on the 5th; Fred Schulte, 81 on the 13th.

**WEDDING ANNIVERSARIES: Val and Linda Pohl celebrated 58 years
on April 1st.**

Don Greig, President, of the Sherwood Park Gyro Club welcomed 62 Gyros, Gyrettes and guests from the Edmonton and Sherwood Park Club's to the April 3rd Dinner meeting held at the Broadmoor Golf Club. He expressed his thanks to **Allan Bleiken** and **Lawrence Zalasky** for organizing the event.

Dunc Mills, 2nd Vice-President, Gyro International and Honourary Member of the Sherwood Park Gyro Club was welcomed along with **District Governor, Ted Ewanchuk** and **President George Schuller** and **Karin** of the Edmonton Club.

Bruce Copeland presented the Toast to the King, Charles III. **Ray Davis** presented the Grace and **Dunc Mills** led the singing of a hearty Cheerio!

We were treated to a delicious buffet dinner of Grilled Chicken Breast, salads, vegetables, roast potatoes and desserts.

Nestor Slipchuk won the 50-50 draw.

Allan Bleiken provided introductory information before introducing our guest speakers, **Judy Talen BA, RN-BScN** and **Sarah Wohlgemuth, RN**.

Some 900,000 Albertans are currently involved in providing home care services in Alberta. Last year, AHS (Alberta Health Services) provided home care services to over 118,000 Albertans, with 10,000 receiving care services in their homes and communities. The system employs 113,000 staff members, including 8,700 physicians, 6,800 healthcare aides, and benefits from the services of 14,300 volunteers. In 2017–18, funding for home care and community care services in Alberta exceeded \$2 billion.

A growing concern as the Alberta population ages, is that the number of people requiring healthcare services, could exceed the number of community healthcare spaces available within the province. Therefore, a substantial number of older adults will need, and will want, to receive home care. Consequently, home care providers must be knowledgeable and capable of delivering a wide range of challenging and essential

healthcare services. As many home care providers do not have the required knowledge and skills, a considerable number of them suffer from stress and, in some cases, put their loved ones at risk.

Ultimately, every Albertan will become a home care provider or recipient. Most people are unprepared or knowledgeable of complex requirements of providing home care service . Judy and Sarah will provide information on how best to provide home care service and the medical and financial assistance that may be available to home care providers. As a home care provider, this information was invaluable to me and allowed me to help provide the best of home care service at the most reasonable cost.

Judy Talen advised that she has seen all of the caregiving issues as an ICU nurse for over 30 years. **Why is homecare so important now?** The boomer population is demanding **more respect, autonomy and choice in their aging process.**

Judy and her partner **Jeff** recently took over the Sherwood Park franchise of **Home Instead.**

There are also franchises in Edmonton, Leduc and Camrose.

Home care services:

- Companionship
- Personal Care
- Meal Prep and Home Help
- Enhanced Care Services
- Transportation
- End-Of-Life Care
- Chronic Condition Support

We start with a Person—Centered, Home—Inspired approach.

1. It starts with thoroughly understanding the clients current physical, emotional and cognitive status.
2. A personalized care plan is tailored to the client's unique needs-respectfully honouring their life before dementia.

3. Trained Care Pros receive specialized instruction in Home Instead's person-centered care approach.
4. Regular engagement in meaningful activities, establishing routines, and assisting with social connections.

A minimum of three hours of home care support is offered up to 24 hours.

Editor's note:

In response to the minimal care options available to their family's matriarch, Paul and Lori Hogan established **Home Instead** in 1994, hoping to change the way people experience aging through compassionate and high quality caregiving. Based in Omaha, Nebraska, Home Instead now has 1,200 offices in 14 countries.

Sarah Wohlgemuth also has a nursing background and has focused on delivering comprehensive financial services tailored to the unique needs of seniors and their families. A range of specialized expert solutions is offered to ensure seniors' financial and personal legacies are protected and preserved.

- Life Insurance Options
- Hospital Stay, Home Care, Broken Bone Insurance Coverages
- Personalized Wealth Strategies
- Estate Pre-Planning and Inheritance Settlement Services
- Will Preparations
- Education Savings Plan/Tax Free Savings for Grandkids
- Travel Insurance
- Health Care Benefit Coverage

These solutions are provided by the **World Financial Group**.

Allan Bleiken thanked our speakers for their important insight on the issues seniors are facing. He emphasized that his personal caregiving experience was difficult and that even one or two hours of help made a huge difference in his daily life. His message to Gyros, we need to prepare!

Thanks to the Sherwood Park Gyro Club for a first-class event!

We are privileged to live in Canada and it is important to recognize the diversity of our nation. Licence plates are a way of reminding us of our collective wealth of people.





I have had the opportunity to explore parts of all our 13 provinces and territories. At the top of my list was hiking the the **Chilkoot Trail** from Alaska to the Yukon, **canoeing the Yukon River** from Carmacks to Dawson City and **rafting the Burnside River** in the Northwest Territories to Bathurst Inlet in Nunavut.

Dunc Mills played an introductory tune on the xylophone and **President George Schuller** welcomed 33 Gyros's and Gyrettes to the **Annual installation of Officers and Directors** luncheon meeting held on April 15th at the Millwoods Golf Course Woodvale Clubhouse.

President George welcomed **Governor Ted Ewanchuk** and his partner **Judi Stratichuk**.

Peter Carter led the singing of Cheerio.

Chuck Gerhart reported on the **2024-25 Hockey Pool season**. This was a very successful year financially; \$2500 to \$3000 will be available for benevolence activities.

Peter Carter reported on the upcoming **Hike for Pilgrims Hospice** to be held on April 26.

President George presented the Grace.

Dunc Mills introduced **Governor Ted Ewanchuk** and his partner **Judi Strachuk**. **Governor Ted** spoke about values; friendships are real, men of character can meet, relax and enjoy!

The Edmonton Gyro Club has a important heritage of developing playgrounds for children. Nine playgrounds were built, supervised and maintained from the 1920's to the late 1940's.

The new Executive can stand on the shoulders of the giants who founded the club!

Governor Ted installed **Sheldon Weatherby** and **Jim Lepp** as **Director's**. **George Schuller** as **Past President** and **Jeffrey Wurzer** as **President**.



Ted

Jeffrey

Ted

George



George Jeffrey Sheldon Jim



Jeffrey Wurzer receiving the President's Gavel. This gavel was presented to the first President of the Edmonton Gyro Club, Reg Henry on July 29, 1921 by Rowe Holland, President of the Vancouver Club.

The gavel was made of material from the old Hudson's Bay steamer "*Beaver*", the first ship to sail into Burrard Inlet of present day Vancouver.

The Slate of Officers for 2025-26

President	Jeffrey Wurzer
Past President	George Schuller
Secretary-Treasurer	Barry Walker
Directors	Jim Lepp
	Sheldon Weatherby
	Leon Lubin
	Ron Odyanski
Ex-Officio	Dunc Mills

Janice Molofy, Chuck Gerhart and Dunc Mills report on the Hockey Pool winners:

Game 18 Mar.26	<u>Winners</u>	<u>First Period</u>	<u>Second</u>	<u>Final</u>
Oilers vs Stars				
First Period	0 1	Val Pohl	Jeff Larson	Kelly Burnett
Second	0 4	Lawrence Zalasky	George Schuller	Jean Warrack
Final	3 4	Travis Walters	Marcia Kashani	Riley Smith

Game 19 April 5	<u>Winners</u>	<u>First Period</u>	<u>Second</u>	<u>Final</u>
Oilers vs Kings				
First Period	0 0	Darren Read	George Schuller	Myrna Gerhart
Second	0 2	Sheldon Weatherby	Leon Lubin	Sheldon Weatherby
Final	0 3	Mike Matei	Barbara Walker	Shirley Larson

Game 20 April 13	<u>Winners</u>	<u>First Period</u>	<u>Second</u>	<u>Final</u>
Oilers vs Jets				
First Period	0 0	Jack Ellis	Gary Campbell	Walter Yakimets
Second	2 1	Sheldon Weatherby	Ron Odyanski	Ron Odyanski
Final	4 1	Chris Sellar	Jim Lepp	Dan Larson

Thanks to Janice Molofy, Chuck Gerhart and Dunc Mills for another great year of Hockey Pool activity!

'Fast Fred

UPCOMING EVENTS

Luncheon Meeting, Mill Woods Golf Course, Woodvale Clubhouse,
Tuesday, May 6th.

Speaker: Ron Trant

Topic: Freemasonry