

THE GYROLOG



THE GYRO CLUB OF EDMONTON
— EDMONTON — ALBERTA

(28)

9 February 1994

At our last meeting on 1 February 1994 we were privileged to have as our guest speaker, a very eminent member of the medical profession, in the person of Dr. David C. Reid, who was introduced by Gerry Glassford.

Dr. Reid was born in Bristol, England and graduated from the Prince of Wales Hospital London, England in 1963 with a Diploma in Physiotherapy. He subsequently obtained a Teacher's Diploma in Physiotherapy from the University of Toronto; graduated with honours. He studied at the University of Alberta, gaining both a Baccalaureate degree and a Doctor of Medicine with Distinction.

He obtained a fellowship in the Royal College of Surgeons of Canada in 1979, and a specialist certificate in Orthopedic Surgery. In 1980 a Master of Surgery was obtained from the University of Liverpool.

Dr. Reid is currently Professor of Orthopedic Surgery, Adjunct Professor of Rehabilitation Medicine; and Director of the Glen Sather University of Alberta Sports Medicine Clinic.

The subject of his talk and slide presentation was generally about sports injuries, particularly regarding the knee. We learned that knee injuries are most common in many sports, which are dealt with in increasing degrees of success by orthopedic specialists.

Apparently only a few years ago, a torn medial meniscus of the knee, or cruciate problems required surgical removal of the affected area. Now with the current arthroscopic surgery, which requires relatively small incisions; orthopedic surgeons are now able to repair the injury, as opposed to excision of the affected part.

We were also privileged to witness on videotape, some of the various knee operations that Dr. Reid had performed; and to appreciate to some degree, his outstanding ability and the amazing results of arthroscopic surgery.

Our special thanks to Gerry Glassford for arranging Dr. Reid's visit, and to Jack Ellis for nicely expressing the thanks of those present.

We had one very interested guest, Sandy Rennie, who is Assistant Professor & Clinical Co-ordinator, Department of Physical Therapy, Faculty of Rehabilitation Medicine at the University of Alberta. He was introduced by his dad, Gord.

Birthdays - a big event in everybody's life. It should be a holiday with pay!

Birthday wishes were given to Ed Edlund for his big day on 5 February. Also to Bryce Van Dusen on the same date, who will be enjoying the sunshine in Yuma; and to our non-resident associate member Dave Webber of Brentwood Bay, B.C., who will be blowing on some candles on February 11th. Our congratulations to you "Aquarians" - may you enjoy many more!!

Health & Welfare - Bert Boren advised that Fran Sadd was in hospital but he was unaware of the problem. We will let you know when we hear.

We are pleased to know that Ellen Boren and Ivy Rennie are both feeling a little better.

We hope that Wes Van Dusen has fully recovered from his hospital care he had in Edmonton a while back, and that he is again enjoying life.

Valentine Party - Allan Douglas reminded us about the CELEBRATIONS DINNER THEATRE PARTY being held on Wednesday 16 February 1994. The theatre is located at 13103 Fort Road in the NEIGHBORHOOD INN. Cost is \$30.00 per person. Please send your cheque payable to the Gyro Club of Edmonton, to either Allan Douglas at 11711-29 Ave. Edmonton, T6J 3P3 - or to Jack Ellis at 12427-51 Ave. Edmonton, T6H 0M7, to confirm your attendance.

The entertainment is a humorous play called "There Is No Life Like It", which relates to the Armed Forces during W.W.II, etc. Allan said the first song is "Praise The Lord and pass the Ammunition", followed by "Express Yourself" which he thinks (with a smile) are both appropriate for Gyro participation! Don't miss it.

Gyro Mixed Curling - Fun Day - Mike Matei reminded us about the QUAD CLUB event that has been arranged for Saturday 5 March, at the Balmoral Curling Club, starting at 11.30 a.m. Cost is \$25.00 per person, which includes curling and dinner. For those who just wish to come to dinner, the cost is \$12.00 p.p. Quets are welcome. Please let Mike know about your attendance by calling him at 458-4690(R) or 458-9211 (B).

This is a Quad Club fun day that we are sure you will enjoy. Please mark your calendar now and come on out.

Gyro International Convention - 1996 - Edmonton - David Burnett spoke about this all very important coming event; which while it is two years away, time flies by so quickly it will be here before we realize it.

While our club Convention Committee, headed by David Burnett and Marty Larson have been working on this project for some time; they would like a mixed meeting of the membership on 3 May 1994 to discuss the convention, to formulate plans and ideas. Also to establish a preliminary list of people who are prepared to be involved and help.

An evening meeting is suggested at Fort Edmonton for a barbecue, then a meeting of the minds. While the details have not been worked out, meanwhile each of us can give some thought about the convention and be ready to help in any way we can, to bring about a happy, successful event.

Hockey Pool - Al McClure reports that "lady luck" smiled on the following winners for the last two games, viz:-

Game on 29 January 1994: 1st period \$10.00 Gord Rennie: Dave Ross: Andrew Rasko.

2nd " \$15.00 Ivy Rennie: Dan Gailbraith: Ray Nyroos.

Final score: \$25.00 Lynn Howell: Jeanne Ellis: B.O'Donnell: Edna Lawton. Then for 27 Nov 93 a late ticket turned in revealed a winner of \$25.00 - Roy Bennett.

Game on 5 February 1994: 1st period \$10.00 Robert Sharp: Marty Larson: Brenda Lowry.

2nd period and final score totalling \$40.00 each to Russ Shepherd & Gordon Bridgett.

To the winners congrats! - to the rest - better luck next time.

Mail Call - President John Stroppa received a postcard from our happy "time travellers" (they travel all the time) Andy & Blanche Friderichsen. At present they are on a cruise in the Bahamas, on what they described as "the best ship ever", called the M/S. Maasdam; which is on it's fifth trip since being built in Italy.

There are a couple of hardships - like rum at \$10.00 a liter, plus Andy's favorite tonic he calls "aqvavit". To quote Andy, "Ye Gads - Heaven!".

We appreciate getting mail from you good people. Have a happy voyage, just remember to come back on occasion for a Gyro welcome.

District VIII Interim Meeting - Fairmont Hotsprings, B.C., 18-20 March 1994. If you read the Gyrolog dated 25 January you know the complete information as to registration, accomodation, costs, etc., so I am sure you don't need it all repeated again. No doubt you have already completed your plans and arrangements to attend. You won't be disappointed - it's like a mini-convention. Have fun. If you should need any more info, my toll free number is 488-2856.

Laughter is the best medicine - Mr.X, MrY, & Mr.Z went on a fishing trip. However, Mrs.X discovered her husband's fishing gear was still in the closet, so she called the other two wives, who checked and found that their husbands had also left their fishing equipment at home. All three wives drove to the resort and asked the hotel manager - "did Mr.X, Y & Z check in here?" "Sure" answered the manager, "but this time you hustlers are out of luck, they have brought their wives with them."

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A hostile reporter once confronted Sir Winston Churchill after an election in which he had been re-elected to parliament. "I presume we may expect you to be subservient to the powerful interests that control your vote" the reporter said snidely. "I'll thank you to keep my wife's name out of this!" Churchill replied.

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Quotations - some have been described as:-

A diamond on the finger of a man of wit, and a pebble in the hands of a fool.

A parole of literary men - all over the world.

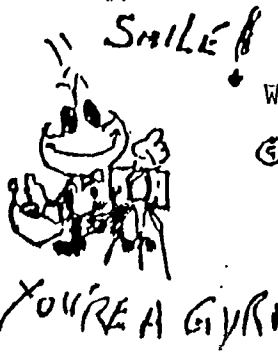
Vox Pop - Promises gets you friends, but it is performance that keeps them. (Harry Mills)

~~The easiest thing to achieve in human relations is a misunderstanding. (Ken McKenzie)~~

Those who enjoy responsibility usually get it; those who merely like to exercise authority usually lose it. (Mort Morter)

The reward for work well done, is the opportunity to do more. (Dick Ogilvie)

Happiness adds and multiplies as we divide it with others. (Keith Bradley, Sherwood Park Gyro)



OUR NEXT MEETING

Will be a noon luncheon meeting held at the Mayfair Golf Club. Pres. John says it will be a social meeting without a guest speaker. It will be an opportunity to enjoy a leisurely visit with your fellow Gyros - and perhaps even swap a story or two. It may even be a chance for those who are reluctant to speak up to say something. Beefs or bouquets - it's your choice! This format could draw a good crowd. see you there.

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