

# THE GYROLOG



THE GYRO CLUB OF EDMONTON  
— EDMONTON — ALBERTA

16 January 1990

Our first meeting of the new decade was held on Tuesday 9 January 1990 at the Mayfair Club. President John welcomed our guests who were introduced as follows:—Allan Warrack introduced Louis Jamernik of the University of Alberta; then re-introduced two candidates for membership Roy Bennett and Mel Snihurowych. We were also pleased to meet Marty Larson's friend, Dennis Freeman for the second time.

Our guest speaker, Dr. Larry Wang was born in China and obtained his Doctorate in New York. He came to the University of Alberta, where he is a Professor of Zoology. Dr. Wang provided a most interesting, informative talk about "Winter Survival - Living with the Cold." He explained in some technical detail how our bodies are affected by extremes of cold and what can happen if we become accidental victims of hypothermia. Once the body temperature has reached 35° C, hypothermia can begin and with fatal results, if nothing is done to raise the body temperature.

Dr. Wang has written several books on this subject and just recently, through long research, has come up with a chemical product in the form of a cookie, to help prevent or delay the onset of hypothermia. He hopes to have this product commercialized for public use. We wish him every success in this venture, which no doubt would prove to be a great benefit.

Our thanks to Larry Dobson for arranging this fine program and to Ivan Ivankovich, who very nicely expressed our thanks to Dr. Wang for his presentation.

Birthdays - early birthday greetings were given to John Simpson who will be celebrating on January 21st. He shares this special date with our Honorary Member, Jack Jones, of the Calgary Club. We wish you both a terrific day with many more to come.

Health & Welfare - Padre Bill Graham reported that Nita Brown was still in hospital but progress is slow. We hope she will soon improve.

Membership - Second Posting - Roy Bennett, 14911 - 89 Ave. Edmonton, T5H 3X6 (R) 489-6224  
Director, Materials Management, University of Alberta, T6G 2R3 (B) 492-3208  
Sponsored by Allan Warrack. Seconded by Bryce Van Dusen.

Mel Snihurowych, 10824 - 33 Ave. Edmonton. T6J 3C1 (R) 434-2261 Wife's name Joanne.  
Investment Adviser, RDC Dominion Securities Pemberton. T5J 2P4 (B) 428-0531  
Sponsored by Allan Warrack. Seconded by Marty Larson.

Coming Events - Gyro International Interim Meeting - 24-28 January 1990. Palm Springs, CA.

District 8 - Gyro Interim Meeting - 16-18 March 1990, Fairmont Hot Springs, B.C.  
A letter was read from D-8 Governor Keith Bradley, advising that the reservation deadline for the Fairmont Hot Springs Resort is 15 January. President John Pedden has the registration forms for completion. Those members who plan on attending the interim meeting are requested to telephone the resort and then send your registration and deposit to Fairmont.

Crossroads Gyro Club - 33rd Anniversary Supper - this popular stag event will be held on Friday 9 February at the Convention Inn South, Imperial Room; commencing at 6.30 p.m. This has been a good meeting for Tri-Clubs and friends, where we share hospitality, entertainment, good food, as well as draw prizes during the evening. The main prize is \$1000.00 which will go to the lucky person whose ticket is last out of the drum. There are other prizes between the first and last draws as well as plenty of "side bets" as to who will stay alive the longest. The cost is \$60.00 per ticket which includes your drinks, food, etc., and you could be the big winner! Call Rick Little (Crossroads) for tickets at 422-4121.

### Gyro Club Meetings - Edmonton Area

We are fortunate in the Edmonton area to have three Gyro Clubs, viz:- Crossroads, who meet on the 2nd & 4th Mondays at the Regency Hotel, 7230 Argyll Road, at 6.00 p.m. The Sherwood Park Club, who meet on the 1st & 3rd Wednesdays at the Capilano Inn, 9125 - 50 St at 6.00 p.m. and of course our club - better known as "the downtown club" whose regular meetings are on the 1st & 3rd Tuesdays for luncheon at 12.00 noon at the Mayfair Golf Club.

I am sure some of you are thinking, "We know that already" - maybe so, but some of our newer members may not be aware of the other club's meeting times and places.

There also may be some who can't always get away for a luncheon meeting, but would still like to spend some time with Gyro friends at an evening meeting. So there you are! mark it down and take in one of the other meetings. You will be most welcome I assure you.

Gyrettes Corner - The Executive of the Edmonton Gyrettes have planned a special Valentine function for Tuesday evening, 13 February 1990, at the Mayfair Club. Cocktails at 6.00 p.m. a light dinner at 7.00 p.m. Cost \$11.00

This special program, features Helen Ross on "Image On Personal Presence" emphasising color and basic wardrobe planning. Crossroads & Sherwood Park Gyrettes have been invited to attend.

Hockey Pool - Harry Mills reports that the lucky winners on 6 January are as follows:-

\$10.00 Ticket # 2399 Amy Wilson	\$10.00 Ticket # 2485 Dale Christensen
\$15.00 " " 2310 Jackie Kirk	\$15.00 " # 2406 H. Sheidow (Winnipeg)
\$25.00 " " 2341 E. Dedieu	\$25.00 " " 2437 Rick Little (Crossroads)

Looking Ahead!- time flies! and it won't be long before our Annual Election of Club Officers and Primary ballot for Directors; which will be held on 20 March at Kelly's Saloon, Fort Edmonton Park, starting at 6.00 p.m. (Yes a NIGHT meeting!

Prior to that date, your Election Committee, normally chaired by the Immediate Past President, will be looking for candidates to allow their names to stand in nomination for election as club officers.

The Officers and Directors must be active members of our club in good standing, and are to be elected in the following manner:-

- (a) Any two members may, with the written consent of the nominee, nominate a member for the office of President, First Vice-President, Second Vice-President, Secretary and Treasurer.
- (b) The completed nomination paper shall be delivered to the Returning Officer at least two weeks prior to the Annual Meeting.
- (c) All members in good standing shall be eligible as candidates for election to the Board of Directors, except:-
  - (1) The Immediate Past President at the time of nomination.
  - (2) All members who have served two consecutive years on the Board until the lapse of one year.

All of the above can be found in your copy of our club's Constitution and By-Laws. However it was considered more expedient to record the above for you, thus saving you the trouble of locating your copy of the Constitution.

IN ANY EVENT - please give some thought to whom you think would serve our Club as an Officer or Director and be prepared to vote accordingly. By the same token should you be approached to let your name stand in nomination - don't hesitate - grab the leadership rung and do the club and yourself a favor. Take it from one who knows - the more you give to this friendship group the greater the rewards!

### Food For Thought

You can carry a pack  
If it's strapped to your back  
You can carry a weight in your hands.  
You can carry a bundle  
On top of your head,  
As they do in other lands.

A load is light  
If you carry it right,  
Though it weighs as much as a boulder;  
But a tiny chip  
Is too heavy to bear,  
If you carry it on your shoulder.

Smiles and Chuckles

A man dropped a dime into the outstretched hand of a beggar and said, "I'm sorry for your trouble. How did you get into this awful fix?."

"Well" said the beggar, "I was just like you sir, I was always giving large sums of money to the needy."

This 'n that - If you want to kill an idea, just refer it to a committee. (Ken McKenzie)

If you want to go into politics, make sure that when you run for something, you stand for something. (Merrill Morstad)

The man who complains about the way the ball bounces, is likely to be the one who dropped it. (Mort Morter)

I'm in the prime of life - it just takes me a little longer to get primed. (Harry Mills)

~~Cash Draw - the lucky winner this week was Allan Warrack!~~

Your next obligation to yourself and your club is to attend OUR NEXT MEETING which will be held on Tuesday 23 January, at 12.00 noon at the Mayfair Golf Club.

Dick Ogilvie and Program Team No.11 are in charge of arrangements. The guest speaker for this occasion will be Mr. Mark Robinson, of Deloitte, Haskins & Sells; who will speak to us about the controversial Goods and Services Tax.

This timely topic deserves your attendance, so don't miss it! Come out and bring a friend.

My next contact with you will be via post card. See you sometime in March.      retreat



THIS AINT NO BULL!

HAVE CLUBS AND TRAVELLING!!

RETREAD