



# **THE GYROLOG**

**THE GYRO CLUB OF EDMONTON**

**Club Charter No.15, July 29, 1921**

**President-Ari Hoeksema, Past President-Bill Taylor,  
1<sup>st</sup> Vice-President-John Boyd, Secretary-Barry Walker, Treasurer-Mike Matei,  
Directors-Warren Garbutt, Marty Larson, Jack Little, Jim Lochhead,  
Database Administrator-John Ross, Gyrolog Editor-Fred Schulte**

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## **JULY 2011**

Those celebrating birthdays in July are **John Mann** on the 2nd and **Leon Lubin** on the 18th.

The July wedding anniversaries are **Jack and Myrna Slobodan**, 46 years on the 3rd; **Barry and Valerie Walker**, 41 years on the 11th; **Bryce and Florrie Van Dusen**, 71 years on the 13th; **Jack and Joyce Brown** on the 15th; **Len and Barbara Stevens**, 53 years on the 26th and **John and 'Mim'-Bertsch Mann**, 11 years on the 28th.

### **SECOND POSTING**

**James (Jamie) Fleming** has applied for membership in our club; **Jamie** and his wife **Nancy** reside at **11710-100 Avenue, Apt. 1002** and their postal code is **T5K 2G3**. Their telephone number is **780-488-4302** and their email address is [\*\*fleming2020@gmail.com\*\*](mailto:fleming2020@gmail.com) **Jamie** is a former Director of Investments and Real Estate and Associate Vice-President Facilities at the University of Alberta and is now retired. He is proposed by **Allan Warrack** and **Gerry Glassford**.

**Bill Taylor** welcomed 23 Gyro's and our guest speaker to the July 5th luncheon meeting held at the Royal Mayfair Golf Club. **Roger Russell** led the group in the singing of **Cheerio** and **Jim Lochhead** presented the **Grace**.

**Dick Nichols** presented the results of the 2010-11 Hockey Pool and advised that \$2000 has been transferred to the club's Benevolence Fund.

**John Mann** introduced **Corrine Schalm**, Vice-President, **Shepherd's Care Foundation**. Ms. Schalm has a Masters degree in Gerontology and a Masters in Public Administration.

Corrine began her presentation by reading the book "**I will Love you Forever**" by **Robert Munsch**. The gist of this story is that our mothers look after and think about us most of their lives but in the final years our children reverse roles and look after their parents.

The **Shepherd's Care Foundation** was founded in April 1970 with three guiding principles: Affordable care and services, Christian centered and the development of age-in-place communities of care.

The first facility built was the Mill Woods Manor which was later expanded to include the Mill Woods Care Centre. Additional facilities include Kensington Village, SCF Greenfield, SCF Barrhead, Shepherd's Care Gardens in Millwoods and Shepherd's Care Vanguard.

Alberta has the lowest percentage of seniors by province at 10.7% and Saskatchewan has the highest at 15.4% (2006 data). Edmonton's general population growth rate in the next 20 years is projected to be 18% while the growth rate for those seniors over 85 is expected to be 72%. In Alberta, most seniors live in their own home, some with community services supporting them. 22,000 people live in approximately 600 supportive living facilities (less than 6% of seniors). 14,400 people live in approximately 200 long-term facilities (less than 4%).

There are three streams in Alberta; **Home Living**, **Supportive Living** and **Facility Living**. The **Home Living Stream** includes Home Care, Adult Day Programs and Aids to Daily Living. The **Supportive Living Stream** includes Site-Based Home Care, Supportive Living Levels 3 and 4 (Designated Assisted Living), Personal Care Homes, Family Care Homes and Mental Health Approved Homes.

### **Supportive Housing Operators**

- There are "public" options (management bodies)-apartments and lodges at 30% rent geared to income. Public organizations receive funding from the Province and the City.
- There are private for profit options that provide excellent services but are at market rates (monthly rates of \$3000 or more per month).
- The not-for-profit sector often focuses on providing affordable supportive housing. The Shepherd's Care Foundation Kensington Designated Assisted Living facility is one example. Spaces for seniors with dementia is Edmonton's fastest growing sector.

## Facility Living Stream

- Includes nursing homes and auxiliary hospitals
- Increasingly, this living stream will only include individuals with complex health needs.
- RN onsite 24 hours per day
- 3+ hours of care per day
- Health team assesses and develops care plan (i.e. Occupational Therapist, Social Worker, etc.) Resident is seen by physician at least once a month.

There are two sources of funding: Residents pay via accommodation fee, 25% of total cost and the Provincial government pays for care, 75% of total cost.

### Accommodation Charges in Alberta:

- Private Pay Assisted Living ranges from \$500 (subsidized) to \$4000+ per month.
- Long-Term Care Facilities and Designated Assisted Living 4 (Dementia), semi-private room: \$1472/month, Private room: \$1700/month. These rates are second lowest in Canada. Each resident gets to keep \$265 per month, the government subsidy picks up the rest.

The Shepherd's Care Foundation receives government grants of up to one third of the total capital cost to build a facility.

Ms. Schalm responded to a great number of questions from a very interested audience. **Bill Taylor** thanked our speaker for a very informed and important presentation.

**Warren Garbutt** won the free lunch draw.

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**President Ari Hoeksema** welcomed 28 Gyro's to the July 19th luncheon meeting held at the Royal Mayfair Golf Club. **Roger Russell** led the group in the singing of *Cheerio* and **Jim Lochhead** presented the *Grace*.

**Eric Spink** reported on his case of the "kneesles", an operation on his knee, which went well and he was able to walk well enough to attend today's meeting.

**Larry Dobson** introduced our guest speaker, **Larry George**, an environmental educator with the **Edmonton Waste Management Centre**. Larry has many years of direct experience with the Centre and has been involved with many management presentations and tours of the facility.

The Edmonton Waste Management Centre (EWMC) is a world renowned facility for the handling and treating of all of the city's waste. It all started in the 1980's when the City of Edmonton began the search for a new landfill site in the region to replace the Clover Bar site. The search was very extensive but in the end unsuccessful, so the decision was made to find other ways to handle our waste. Historically, all cities and municipalities dumped and buried their waste. Many still do. The City of Edmonton chose to reduce the volume of waste going into the Clover Bar Landfill by 60% through recycling and composting, and thereby extend the life of Clover Bar Landfill until August 2009 when it was closed.

### **Edmonton's Waste Management Milestones:**

- 1986** Small pilot program tests the feasibility of curbside blue box recycling.
- 1987** First Annual Toxic Round-Up held to collect household hazardous household wastes.
- 1988** Blue Box curbside recycling begins. By the end of the year the service is offered city-wide.
- 1990** Christmas tree recycling begins.
- 1991** First community recycling depot opens, today there 20.
- 1992** Collection of landfill gas begins at Clover Bar as a fuel source for electricity generation.
- 1995** First Eco Station for household hazardous waste opens. A second opens in 1999 and a third in 2009.
- 1999** Blue Bag curbside recycling program replaces the blue box program. Materials Recovery Facility opens to sort recyclables.
- 2000** Edmonton Composting Facility opens to compost residential waste.
- 2002** Blue Bin recycling program imitated for townhouses, condos and apartments.
- 2006** Big Bin Events begin which allows for the free disposal of large waste items.
- 2007** First permanent Reuse Centre opens.  
GEEP Electronics and Electrical Recycling Facility opens to recycle e-waste.
- 2008** Construction & Demolition Waste Recycling begins at the (EWMC).
- 2009** Assisted Waste Collection service begins.  
Ambleside Eco Station opens.  
Integrated Processing & Transfer Facility begins operation at the EWMC.
- 2010** Construction begins on Grey's Paper & Glass Recycling Facility at the EWMC  
Commercial Waste Management Services offered to businesses to increase recycling rates in the non-residential sector.  
Ground is broken for the Waste-to-Biofuels Facility. Once fully operational in 2014 it will enable Edmonton to divert 90% of its residential waste from landfill.

Now that the Clover Bar Landfill is closed, the City is able to capture and convert the methane gas in that landfill to generate enough electricity to power 4600 homes. The goal in the next two years is to divert 90% of all waste from going into landfill. They will convert 100,000 tonnes per year of non-recyclable and non-compostable waste into ethanol and methanol in a Biofuels facility that will open in 2014. Another way the City is saving taxpayers money is in its sand and salt recycling process. This the first of its kind in North America, and it takes the 150,000 tonnes of street sand and salt used annually and cleans and reuses 80% of it in the following year. This process has saved \$70 million since its inception. The presentation was well received with many questions forthcoming. It is also thought that a follow-up trip to the Waste Management Centre for a two hour tour might be of interest to many.

Thanks to **Larry Dobson** for taking notes in the Editor's absence and to his team for organizing this speaking event.



photo courtesy of City of Edmonton

**Edmonton Waste Management Centre**



## UPCOMING EVENTS

**Annual Gyro/Gyrette Golf Tournament, Legends Golf Course, Tuesday, August 2nd.**

Time 12:00 noon, 9 hole scramble

Cost: Golf and BBQ-\$55 or BBQ alone \$30, wine included.

Prizes are needed!

Contacts: Barry Walker and Roger Russell

**Picnic in the Park, Mixed Event, Tuesday August 16th**

Details to Follow

Contacts: Gord Robertson and John Ross

**Gyro/Gyrette Corn Roast and Bocce Tournament, Malmo Community Hall, Tuesday Evening, August 30th**

Location:11525-48 Ave.

Time: Bocce 4:00 pm, Dinner 6:30

Corn, Chicken, Salad and Dessert, Beer and Wine

Contacts: Roger Russell, David Burnett and friends

**2011 Gyro Day at the Races, Northlands Spectrum, 4th Floor Chairman's Suite, Sunday September 25th**

Time: 12:00 noon- Doors open, 12:30 lunch buffet, 1:00 pm Post Time

Buffet Menu: Roast Striploin, Florentine Chicken, Vegetable Medley, salads, desserts, coffee and tea. A cash bar will be available.

Cost: \$37 per person, Gyro's or guests

Contact: Val Pohl