



THE GYROLOG

THE GYRO CLUB OF EDMONTON

Club Charter No.18, July 29, 1921

**President-Jack Little, Past President-John Mann,
1st Vice-President-Peter Carter 2nd Vice-President- Ray Dallaire
Secretary-Barry Walker, Treasurer-Gary Campbell,
Directors- Alan Rusler, Jamie Fleming, Tracy DesLaurier, Tony Mazzuca
Database Administrator-John Ross, Gyrolog Editor-Fred Schulte**

NOVEMBER 2015

Marty Larson celebrated his birthday on the 14th. Those celebrating their anniversaries are **John** and **Helen Ross**, 52 years on the 2nd; **Jack** and **Terrie Ellis**, 49 years on the 19th; **Jim** and **Gayl Lepp**, 57 years on the 22nd; **Arv** and **Bernie Hardin**, **50 years** on the 23rd and **Dick** and **Marilyn Nichols**, 52 years on the 23rd.

SECOND POSTING

Taras Chmil has applied for membership in our club. **Taras** and his wife **Patricia** reside at **231 Oeming Rd NW, T6R 1M3**. Their telephone number is **780-433-0303** and their email address is chmilrealestate@shaw.ca **Taras** is a Realtor/Developer with Realty Executives Progressive. His passion is any car with a fast motor and is proposed by **Bob Bahniuk** and **Ari Hoeksema**.

FIRST POSTING

Leonard (Len) Evenson has applied for membership in our club. **Len** and his wife **Jackie** reside at **13639 100 Avenue NW, T5N 0J1**. Their telephone number is **780-454-0578** and email address is evenson@shaw.ca **Len** is a retired Obstetrician/Gynecologist and is proposed by **Leon Lubin** and **Jack Brown**.

President Jack Little welcomed 48 Gyros, Gyrettes and four guests to the November 3rd luncheon meeting held at the Royal Mayfair Golf Club. The Grace was presented by **Jack Brown** and Cheerio was led by **Sheldon Weatherby**.

Gary Campbell, Treasurer presented the **Financial Statements for the year ending March 31, 2015**. On a motion by the Treasurer and seconded by **Cliff French**, the Financial Statements were accepted for approval. The proposed **General Fund Budget for the year ending March 31, 2016** was accepted for approval on a motion by the Treasurer and seconded by **Sam Gruden**. The members approved the two motions unanimously.

Leon Lubin welcomed his guests and new member applicants, **Len and Jackie Evenson**. **Val Pohl** introduced his guest and son **Darren**.

Larry Dobson introduced our guest speaker, **Dr. Gordon Wilkes** who is a native Edmontonian. He went to the University of Alberta Medical School graduating with distinction in 1975. Dr. Wilkes did plastic surgery training in Edmonton and then in Chicago at Northwestern University. He started practice in 1982 and practices currently at The Misericordia and the Stollery Children's Hospitals. He is Past President of the Canadian Society of Plastic Surgeons, was Chief Examiner for Plastic Surgery for the Royal College of Physicians and Surgeons of Canada. He has a particular interest in cleft surgery and making ears and has travelled to Guatemala, Saudi Arabia, Chile and Cambodia to help children.

Dr. Wilkes began by stating that his presentation was entitled "**Plastic Surgery- what they don't show on television**".

Plastic Surgery is based on the Greek word "plastikos" which means to remake and shape. Reconstructive surgery techniques were being carried out in India by 800 B.C. Sushruta was an Indian physician who made important contributions to the field of plastic and cataract surgery in the sixth Century B.C.

The first surgeons were barbers because the Church would not allow the removal of limbs or to cut into the body. By 1840, the benefits of handwashing was established and the discovery of the Germ Theory by Louis Pasteur in 1861 proved its value. In 1865, carbolic acid (phenol) was used to sterilize hands and surgical instruments.

The first Anatomical Surgeon was John Hunter (1728-93) who did studies on bodies taken from gravesites. The first general anaesthetic, nitrous oxide was used in 1799, followed by ether in 1842 and chloroform in 1847.

The birth of modern plastic surgery is attributed to **Dr. Harold Gillies**, a New Zealander who received his medical training in England, graduated in 1910, and specialized in ear, nose and throat surgery. He served in the Royal Army Medical Corps in France during World War I and was influenced by Hippolyte Morestin, a brilliant French surgeon treating injuries of the face and jaw. Gillies convinced the army authorities that a medical unit needed to be set up in England to treat badly injured and disfigured soldiers. By the end of the war, some 11,000 patients had passed through his hands. Gillies applied the lessons learned in war to civilian casualties and extended the techniques of plastic and reconstructive. His first book, *Plastic surgery of the face*, was published in 1920.

Dr. E. Fulton Risdon (1880-1968), was a graduate in dentistry (1907) and medicine (1914) from the University of Toronto and the first Canadian surgeon to join Sir Harold Gillies' unit during World War I while serving with the Canadian Medical Corps. Dr. Fulton started practice as Toronto's first plastic surgeon in 1921 and is considered by many to be the father of Canadian plastic surgery. He practiced at the Toronto Western Hospital for 45 years. Perhaps his greatest contributions to the field were his approaches to fractures of the jaw including the use of iliac crest bone graft, the Risdon incision and the Risdon cable arch method of intermaxillary fixation.

Plastic surgery is misunderstood, misrepresented and maligned. There is reconstructive and cosmetic surgery. In Canada, a medical doctor cannot be called a "cosmetic surgeon". Canadian surgeons with the proper credentials can do both reconstructive and cosmetic surgery.

Dr. Wilkes spoke about the history of various plastic surgery procedures. The first cleft lip surgery was undertaken in 400 AD in China. There were reports of the first eyelid surgery as early as 1583 and again in 1919, the tummy tuck in 1890, breast augmentation in 1890, nasal reconstruction in 1897 and breast lift and reduction in 1897.

Edmonton's **Dr. Gary Lobay** was one of the pioneering plastic surgeons in the 1970's and 1980's.

Dr. Wilkes worked with **Dr. John Wolfardt** at **The Institute for Reconstructive Sciences in Medicine (iRSM)** in Edmonton which is an internationally recognized clinical and research institute focused on medical reconstructive sciences.

Established in 1993, iRSM is a joint initiative of the University of Alberta, Caritas Health Group and Capital Health, based at the Misericordia Hospital in Edmonton, Alberta. iRSM has its origins in head and neck reconstruction and rehabilitation. Its decade long international reputation for innovation and advances in patient care and research has been earned by combining expertise in disciplines such as surgery, medicine, dentistry, rehabilitation medicine, engineering and computing science to create a fully integrated environment for clinical care, research, education and training in reconstructive medicine and technology. As an international referral centre, it is a leader in the complex area of osseointegration (bone) implanted devices for prosthetic replacement of skull and facial defects resulting from cancer, trauma and congenital conditions.

Brian Steilo thanked our speaker for a very interesting and graphic presentation. Thanks to **Larry Dobson** and **Brian Steilo** for organizing this mixed event.

The winner of the Free Lunch draw was yours truly, **Fred Schulte**.

The **DISTRICT VIII CURL-A-RAMA** was held in Banff November 6-8th. Thirteen teams from the Regina, Sherwood Park, Edmonton, Edmonton Crossroads, Calgary, Stampede City, Castlegar and Nelson clubs were in attendance. Each team played a minimum of three games leading to the final playoffs on Sunday morning. The winner of the **"A" Cup** was **Calgary 1**, the **"B" Cup** went to **Calgary 2**, the **"C" Cup** was won by **Regina 2** and the **"D" Cup** went to **Regina 1**.

The **Edmonton Team** consisted of **Mike Matei**, **Chuck Gerhart**, **Roger Russell** and **Art Merrick** (Sherwood Park). The **LENS Team** consisted of **Doug Aspeslet** (Lethbridge), **Fred Schulte** (Edmonton), **Joe Vingo** (Nelson) and **Garry Pattison** (Stampede City).

Thanks to **John Hodgson** and the **Calgary GYRO Club** for organizing this fun-filled event.



Photo by Ken Williamson

The Edmonton Team
Mike Matei Art Merrick Roger Russell Chuck Gerhart



Photo by Ken Williamson

The LENS Team

Doug Aspeslet Fred Schulte Garry Pattison Joe Vingo

Past President Sam Gruden welcomed 32 Gyros and one guest to the November 17th luncheon meeting held at the Royal Mayfair Golf Club. **Sam** led the group in the singing of Cheerio and **Jim Lochhead** presented the Grace.

Chuck Gerhart introduced our guest speaker, **Peter Ouellette** who attended school in Windsor, Ontario and Detroit, Michigan. Peter received his Professional Engineer designation and MBA in Ontario. He worked for the Steel Industry designing and promoting the efficient application of steel in the automotive, mining and construction markets in Canada and internationally. Moving to Edmonton in 1989, Peter managed Sales and Marketing at AltaSteel, working with Jim Lepp. He replaced Jim Lepp as President and CEO and then retired in 2005. After 36 years in the Steel Industry, Peter started his second career as a consultant with a focus on productivity improvement in the mid-sized manufacturing industry.

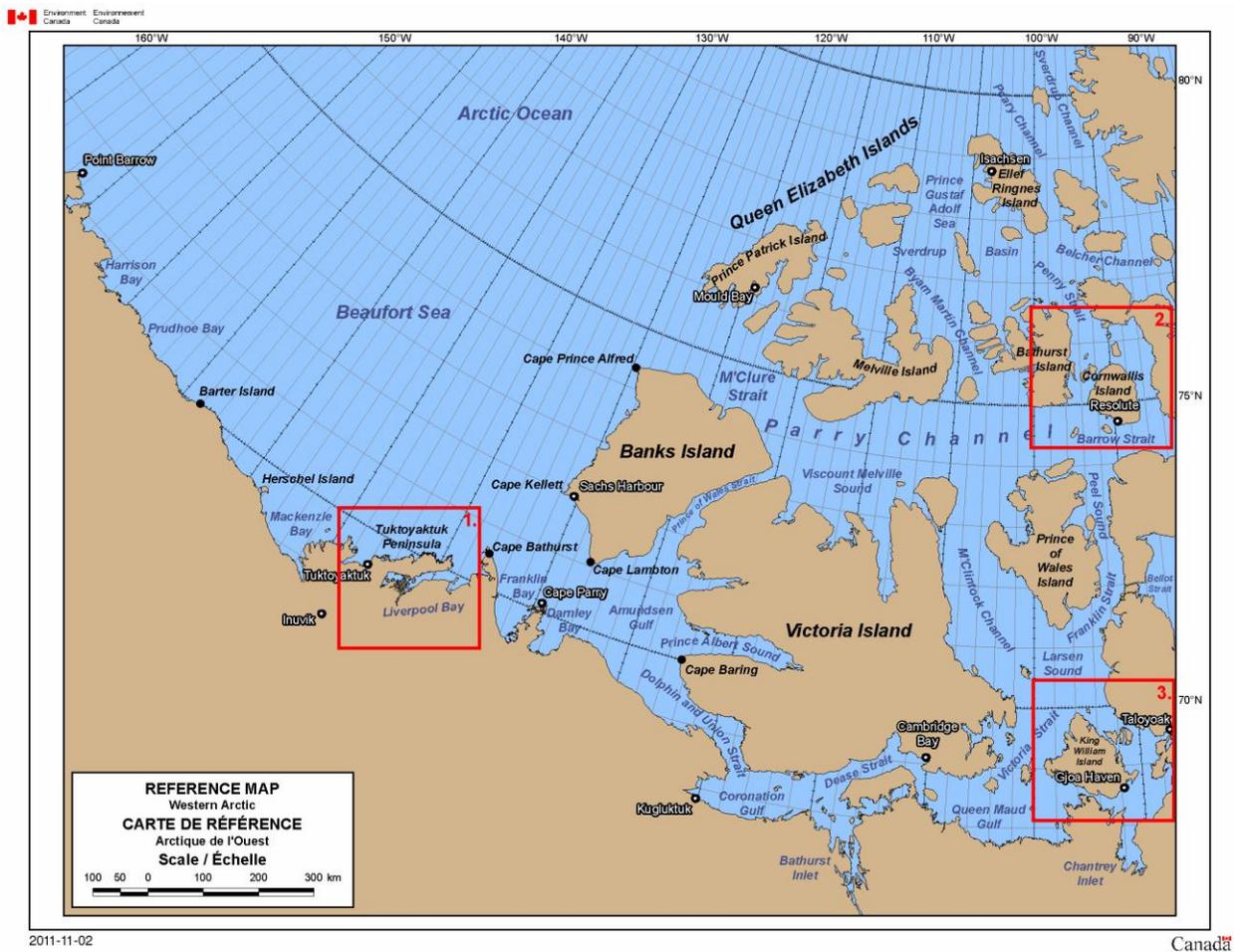
His attention has shifted in the last few years to volunteer work with the **Society of Saint Vincent de Paul (SSVP)**. The Society is an international Catholic voluntary organization dedicated to serving the poor and disadvantaged and was founded in France in 1833. Peter was the Vice-President of the Edmonton Central Council and then elected President of the Western Regional Council four years ago. Today's presentation will be on the **Food Security Program** in the Western Arctic.

Peter indicated that the focus of the program is to take action to provide bulk food, fabrics and other essential household items to Western Arctic communities. These communities include **Aklavik, Inuvik, Tuktoyaktuk, Taloyoak** (Spence Bay) on Boothia Peninsula, **Gjoa Haven** on King William Island, **Ikaahuk** (Sachs Harbour) on Banks Island, **Ulukhaktok** (Holman Island) and **Paulatuk**. Many of these communities relied on local food such as caribou, musk oxen and arctic char for centuries. Federal quotas are now applied to protect the species and there is not enough local food to sustain the people.

These communities are supplied once per year by large barges operated by NTCL operating from Hay River north on the Mackenzie River. The Food Security Program operated by the SSVP relies entirely on donated goods supplied by Edmonton Area churches and volunteers which is loaded in sea containers and trucked to Hay River, again on a donated basis. The goods are gathered in April, loaded in containers in May and shipped in June, arriving in late August early September. The value of the 2015 shipments was in the order of \$800,000 but only cost the Society \$1000.

The Society doesn't supply anything to the communities that they don't want. Donated fur coats in good condition are highly valued and taken apart by the local inhabitants and made into fur-lined parkas. Linens and sewing machines are also wanted so that clothes can be made. Due to the extremely high cost of all shipped groceries, there is increased interest in hydroponics and LED lighting in greenhouses.

Chuck Gerhart thanked our speaker for a very enthusiastic presentation. The winner of the Free lunch draw was **Mike Matei**.



Dick Nichols reports on the results of the Hockey Pool.

Game 1 November 14	Winners	First Period	Second	Final	
Oilers vs. Kings					
First	0	2	Val Pohl	Bea McKenzie	Jack Slobodan
Second	2	3	Roger Russell	D. Hunt	Marilyn Nichols
Final	3	4	Bob Bahniuk	Mike Matei	Unsold

'Fast Fred'

UPCOMING EVENTS

GYRO/GYRETTE Christmas Party, Riverview Room, Shaw Conference Centre, Tuesday Evening, December 1st

Champagne and socializing: 5:45 pm; Dinner 6:45

Menu: Carved whole turkey at your table, creamed butternut squash soup, apple sage stuffing, seasonal vegetables, cranberry potato, turkey gravy and cranberry sauce and festive Christmas log.

Cost: \$80 with wine, \$70 without

Guests welcome!

Contacts: Bruce Foy, Sam Gruden, Jack Little

GYRETTE Luncheon Meeting, Royal Mayfair Golf Club, Tuesday, December 8th.

Registration 11:30 am, Lunch 12:00 noon

Speaker: **Anna Kwok** who will demonstrate flower arrangements for our holiday entertaining.

Monetary donations will be accepted for the Food Bank

Guests are very welcome!

Contact: Carol Dobson

District VIII Convention, Fairmont Hot Springs Resort, May 26-29, 2016