



THE GYROLOG

THE GYRO CLUB OF EDMONTON

Club Charter No.18, July 29, 1921

**President-Jack Little, Past President-John Mann,
1st Vice-President-Peter Carter 2nd Vice-President- Ray Dallaire
Secretary-Barry Walker, Treasurer-Gary Campbell,
Directors- Alan Rusler, Tracy DesLaurier, Tony Mazzuca
Database Administrator-John Ross, Gyrolog Editor-Fred Schulte**

MARCH 2016

Those celebrating birthdays are **Alan Rusler** on the 3rd, **Sheldon Weatherby** on the 11th, **Roy Bennett** on the 17th, **Jack Slobodan** on the 19th, **Len Stevens** on the 27th, **Barry Walker** on the 29th and **Ari (Dutch) Hoeksema** on the 30th. **Mike** and **Sharon Matei** celebrated their 27th wedding anniversary on the 18th.

Chuck Gerhart (sponsored by **Walter Yakimets**), **Peter Morrison** and **Cliff Revell** (sponsored by **Marty Larson**), all celebrate **10 years in GYRO** on March 7th. Thanks guy's, for your contributions to our club over the past 10 years and for sharing Gyro friendship with all of us. Also, special thanks to Marty and Walter for introducing these gentlemen to Gyro.

President Jack Little welcomed an enthusiastic group of Gyros to our March 1st luncheon meeting held at the Royal Mayfair Golf Club. **John Boyd** led us in the singing of Cheerio and **Jim Lochhead** presented the Grace.

David Winfield introduced our two guest speakers **Kori Chilibeck** and **Matt Moreau**, founders and owners of **Earth Group**. The motto of Earth Group is “**If you had a chance would you change the world?**”

Kori Chilibeck started Earth Water within months of graduating university. The idea came as an evolution, as Kori traveled to 32 different countries throughout the duration of his schooling. This extensive travel truly opened his eyes to the state the world was in. The defining moment came as Kori was trekking to base camp on Mount Everest. While at approximately 17,000 feet, his group passed an old man carrying a huge bundle on his back. He was in bare feet, torn pants, and a t-shirt. Through an interpreter, they spoke with this man and learnt that he was paid hardly 25 cents per day to carry his load up to the base of the mountain. When they asked the man what he was carrying, he said he wasn't sure, but that he knew he could never afford whatever it was. Upon asking to look inside the bag, Kori discovered that it was cans and cans of Cola.

Chilibeck realized that either directly or indirectly, the world's largest companies were making enormous profits literally off the backs of the world's poorest people. He thought to himself, why couldn't a company compete against the biggest companies in the world, operate in an environmentally friendly way, have great products, pay their employees competitive wages, and at the end of the day give their profits back to those who need it most. Thus, the concept for Earth Water International was born.

He did some research and learned that the lack of food and clean water is the leading cause of death throughout the world, primarily among children under five years of age. It wasn't that a cure needed to be found for something unknown; rather, the answer was to provide clean drinking water and food to poverty stricken people worldwide.

Founded in 2005, the Earth Group is comprised of Earth Water, Earth Coffee, and Earth Tea. In order to get their money to where it is most needed, as effectively and efficiently as possible, Earth Group has partnered with the United Nations World Food Program(WFP), the world's largest humanitarian agency fighting hunger worldwide. WFP brings food to an average of 90 million people in more than 70 countries each year. WFP has the global reach, tools and expert staff to

ensure the funds received from Earth Group directly benefit those who need it most. It costs WFP just 25 cents to give a child a meal at school – helping them grow and learn and develop their full potential. The Earth Group is currently active in North America, South America and Western Europe (Belgium, Luxemburg, France, Holland, Portugal, Switzerland).

It is Earth Group's mandate to give 100% of our net profits to the United Nations World Food Programme to provide life essentials to some of the world's poorest people.



Earth Group founders Kori Chilibeck and Matt Moreau at a school feeding centre in the Philippines on the island of Mindanao

Eric Spink thanked our speakers for their humanity, vision and tenacity. Thanks to David Winfield and Eric Spink for organizing this speaking event.

John Boyd won the free lunch draw.

It is with sadness that we honour the passing of **Blanche Alexia Friderichsen** on March 10, 2016 at the young age of 90+ years. Blanche and Andy demonstrated a loving and devoted relationship for 59 years.

Blanche Alexia Irvine was born on March 21, 1925 in Saskatoon, Saskatchewan to her proud parents, Alexander and Myrtle Irvine. Blanche's father worked as a stationary engineer at the University of Saskatchewan.

Blanche attended High School in Saskatoon and worked in a local bank as a teller one summer. At the end of her employment, the bank thanked her for her work but said "*don't ever take up banking as a career*". This particular advice likely sent Blanche in a different but appropriate career path as we will understand in the rest of the story. She also attended the Nellie Small School of Dancing and Theatrical Productions while attending high school. This dancing experience did not lead to a career but provided the basis for a life-long enjoyment of dancing with Andy.

Blanche then attended the University of Saskatchewan and graduated with a **Bachelor of Arts degree on May 13, 1948**. Her parents had moved to Pibroch, Alberta during Blanche's university years. Later in May of 1948, Blanche received a scholarship from the Province of Alberta in the amount of \$250 for graduate studies. In September of 1948, Blanche enrolled in Library School at the University of Toronto and graduated with a **Library Science Degree in 1949**.

In August 1949, Blanche started working for the City of Edmonton at the old Strathcona Library. She helped open the "**Children's Room**" on October 12, 1949; this was a ground-breaking event and one of the first in the region. In 1951, Blanche established a **Children's Puppet Club** on Saturday afternoon's where the children were instructed in the making of their own puppets and marionettes.

In November 1951, Blanche became one of the 30 charter members of the **Tall Persons Club** which they named the "Starbusters". To be considered for membership, the ladies needed to be at least 5 ft. 10 in. and men, 6 ft. 1 in. Blanche was six foot, one inch!

Blanche and her sisters, **Wilma** and **Jean** left for a two-year backpack, hitch-hiking trip through Europe in 1953. The first stop was in Strathyre, Scotland to visit their fathers ancestral home. By the time the sister's reached London in the summer of 1953, two of the three had decided they had seen enough and headed home. Blanche stayed in London and met an uncle who worked at **Buckingham Palace**. She received an invitation to attend the Afternoon Party in the garden of the palace on July 16, 1953. Blanche was not able to attend because she

had not packed a suitable dress in her backpack! She continued to tour England and worked as a stenographer for a lawyer. Blanche then spent two months in Bromley-Kent helping to set up the **Bromley Public Library** which opened in March 1954.

After returning to Edmonton, Blanche went back to her library work with the City of Edmonton, Strathcona Library and was encouraged to attend graduate school at the University of Alberta. Blanche did complete her graduate studies and received a Master's degree in Library Science.

In **May 1956**, Blanche met a persistent young Danish man named **Andreas (Andy) Friderichsen** at the Rainbow Ball Room on Edmonton's south side. They eloped, were married on August 28 and travelled by ship from New York City to Copenhagen, Denmark. This was the first of 50 cruises, Blanche and Andy enjoyed with lots of opportunities for more dancing!

She continued her interest with books and taught **book-binding** to Edmonton Public School staff in 1958. By 1959, Blanche was responsible for 21 rural schools in the Edmonton area as the only library coordinator. Her comment at this time was "more fiction is needed in country schools". Between 1961 and 1968, Blanche was the **Library Supervisor** for the County of Strathcona. In 1968, she became a **School Library Consultant** for the provincial Department of Education.

Blanche and Andy both retired within months of each other in 1987. **Blanche was a remarkable woman and she will be missed!**



Blanche Alexia Irvine 1945



Blanche Alexia Friderichsen 2011

President Jack Little welcomed 30 Gyros and two guests to the March 15th luncheon meeting held at the Royal Mayfair Golf Club. **Marty Larson** led the group in the singing of Cheerio and **Chuck Gerhart** presented the Grace.

Fred Schulte introduced our guest speakers: **Tammy Hopper** is a professor in the Department of Communication Sciences and Disorders and Vice-Dean of the Faculty of Rehabilitation Medicine at the University of Alberta. Dr. Hopper has been conducting research on memory, communications and Alzheimer disease for 20 years and has received national and international funding for her work.

She is interested in the translation of research on aging into policy and practice in the community and has served on several community and university boards with that focus. These include the previous advisory board for the Alberta Centre for Aging, the Alberta Association on Gerontology and the Alzheimer Society of Alberta and the Northwest Territories.

John Voyer is the Director, Advancement for the Faculty of Rehabilitation Medicine at the U. of A. Prior to joining the University, John was the Executive Director of the Alberta Water and Wastewater Operators Association. In this role, John led administrative, operational, financial, special event and change management affairs during a period of business transformation.

Tammy began the presentation with an overview of **Canada's aging population**: In 2011, the median age in Canada was 39.9 years vs. 26.2 in 1971. In 2011, approximately 5 million or 14.4% of Canadians were 65 or older. By 2051, one in four Canadians will be 65 or older.

In 2011, 10.8% of Albertans were 65 or older and it is projected that the percentage will increase to 21% by 2036, while the Canadian average will be 23.7%.

What does this mean?

- People are living longer, healthier and with greater expectations.
- A changing attitude towards aging: focus on quality of life and living well
- Major adjustments required to policy, infrastructure, health care
- Research on all aspects of aging are both necessary, and in high demand (physical, mental, social)

History of the Alberta Centre on Aging

- Long history on campus, since the 1980's and has had a narrow Edmonton-based focus until the 2000's
- Mission: to promote research, education, and service in aging through interdisciplinary collaboration and partnerships with stakeholders
- Activities: research development grants, aging research networking, funding for graduate aging courses, **and providing student scholarships courtesy of the Edmonton Gyro Club.**

A New Home for the ACA:

- Physical Therapy, Occupational Therapy, Communication Sciences & Disorders
- Rehabilitation clinics & institutes
- Research on a variety of conditions, prevention and treatment strategies aimed at improving functional abilities and well-being –participation in important life roles

Our Vision for the Future: Goals of the ACA

- Maintain connections between aging researchers and professionals across disciplines and organizations province-wide
- Translate and communicate knowledge to stakeholders and the community regarding the latest research on aging-related topics

- Act as a portal for information and resources related to aging research, as well as for materials and services available in the province that benefit older adults and their families
- Continue to provide funding/scholarship opportunities to students

By gathering the latest research and translating it into an accessible format, the ACA hopes to start conversations, spark ideas, and contribute to aging research awareness amongst researchers, government, practitioners, and members of the community including seniors and their families.

The new home for the Alberta Centre on Aging is the Faculty of Rehabilitation Medicine at the University of Alberta.

Tammy Hopper and **John Voyer** fielded numerous questions on sleep disorders, management of pain and improving functional abilities.

Cliff French thanked our speakers for an excellent presentation.

Bruce Foy won the free lunch draw.

Vice-President, Peter Carter opened the **Business** portion of the meeting and called on **Treasurer, Gary Campbell** to present the **proposed 2016-2017 General Fund Budget** that was discussed at the Executive meeting held on January 20th.

Treasurer Gary advised that the annual dues would remain the same at \$235 and the meal costs would remain the same at the Mayfair. The proposed budget sheet has been refined to show the 2015-16 forecast which predicts a surplus this year due to unexpended funds for attendance at District and International Conventions. The Executive has committed to a larger attendance for the 2016 conventions and the travel subsidies have been adjusted accordingly. The proposed budget generated a number of questions on travel subsidies and the total expenditures. **Gary Campbell** moved that the proposed 2016-2017 General Fund Budget be approved, the motion was seconded by **Allan Warrack** and the members approved it unanimously.

The Executive has recommended that a \$1000 donation from the Benevolence Fund be made to the **Dogs with Wings Assistance Dog Society**. **Treasurer Gary Campbell** moved that the donation be approved and **Roger Russell** seconded the motion. The Gyro members unanimously approved the motion,

Dick Nichols reports on the results of the Hockey Pool.

Game 16 March 4 Winners First Period Second Final

Oilers vs. Blue Jackets

First	0	2	John Mann	Sharon French	Jean Morter
Second	2	5	Beverly Russell	Marilyn Nichols	D. Seiben
Final	3	6	David Burnett	John Boyd	unsold

Game 17 March 12 Winners First Period Second Final

Oilers vs. Coyotes

First	0	1	Marg Foy	Kasper Bundschub	Jonathon Foy
Second	0	3	Sandy McDonald	S. Duguay	L. Luo
Final	0	4	Lawrence Zalasky	unsold	unsold

Game 18 March 20 Winners First Period Second Final

Oilers vs. Avalanche

First	0	0	Walter Yakimets	Mort Morter	Jack Ellis
Second	0	2	Kennedy Brown	Care Mazzuca	Danica Russell
Final	2	3	Lucas Burnett	Briggett Connolly	unsold

'Fast Fred'

UPCOMING EVENTS

Regular Tuesday Luncheon Meeting, Royal Mayfair Golf Club; April 5th

Club Officer Elections: John Mann

Speaker: Jim Lepp

Topic: The Steel Industry in Edmonton

Contacts: John Mann, Tracy DesLaurier

**Executive Officer Installation, University of Alberta, Faculty Club
11435 Saskatchewan Drive, Saturday Evening, April 30th**

Time: 6:00 PM for Dinner at 7:00

Cost: \$50.00 per person with cash bar

Dinner: You will enjoy a three-course dinner with a choice between two main entrees.

Parking: There is no charge for parking on Saturday nights-don't purchase a ticket!****

Surprises: there will be number of surprises but if we told you about them they wouldn't be a surprise!

Other: District Governor, [Alan Pentney](#) will be in attendance.

Contacts: David Burnett and Jack Little

District VIII Convention, Fairmont Hot Springs Resort, [May 26-29, 2016](#)

**GYRO International Convention, Red Lake (Mackenzie Island), Ontario
[July 11th-17th, 2016](#)**



Friendship Rodeo



Gyro District VIII Convention At Fairmont Hot Springs Resort May 26 to 29, 2016

GYRO DISTRICT VIII CONVENTION - May 26 to 29, 2016

REGISTRATION FORM

Name: _____

Spouse/Guest: _____

Street Address: _____

City: _____ Province/State: ____ Postal/Zip Code: _____

Telephone: (Res) _____ (Bus) _____

Email: _____

Name of Club: _____ District: _____

Arrival Date: _____ Departure Date: _____

Please note accommodation if not at Fairmont Hot Springs Resort (**Phone 1-800-663-4979**)

Please specify any special food requirements/allergies:

REGISTRATION FEE (Canadian Funds but US is accepted – difference will be rebated):

\$ 299.00 (couple) \$150.00(single) \$ _____

Registration Fee Includes

- Dinner and Games Thursday
- Poker Run, Hospitality, Bocce, Dinner and Dancing Friday
- Business Meeting, Ladies Brunch on Saturday
- Hospitality, Banquet and Dance on Saturday evening
- Happy Trails Breakfast on Sunday

Golf Tournament at Riverside Golf Club - \$85.00 per Golfer (includes prizes and green fees)

Gyro Yes _____ No _____ Handicap _____ \$ _____

Partner Yes _____ No _____ Handicap _____ \$ _____

Do you require a cart? Yes _____ No _____

Do you have preferred Tee Time? _____

Poker Run Car Rally

Gyro _____ Partner _____

Bocce

Gyro _____ Partner _____

TOTAL REGISTRATION FEE ENCLOSED

\$ _____

Please make cheque payable to District VIII Gyro and mail cheque and this form to: Ken Baker, 59 Woodgreen Dr. SW, Calgary, AB T2W 4G6

Questions : Phone Ken at : 403-281-0920 or email : ken.baker65@gmail.com

The GYROLOG March 2016

Camp Gyro Registration

Gyro International and District VII Convention 2016

Hosted by the McKenzie Island Club in Red Lake, Ontario

July 11-17, 2016

Gyro: _____ Gyrette: _____
Mailing Address: _____ City: _____
Province/State: _____ Postal/Zip Code: _____
Email: _____ Phone: _____
Gyro Club: _____ District: _____
Arrival Date: _____ Departure Date: _____

Registration Fee

(Cheques payable to: The Gyro Club of McKenzie Island. U.S. Funds at par)

Early Bird (Reduced) until March 1, 2016

\$440.00 couple

\$220.00 single

After March 1, 2016

\$480.00 couple

\$240.00 single

All early bird registrations will be entered into a draw for an original Aboriginal Woodland painting.

Accommodation

- A block of rooms has been reserved at the Super 8 Red Lake at a reduced rate of \$120.00 per night.
- To reserve please contact the Super 8 Red Lake, Ontario at 807-727-8888 and ask for the Gyro rate.
- Includes complimentary continental breakfast, parking and internet.

Contact Karen Pace, our Travel Specialist who will assist you with all of your travel needs.

She will be coordinating charter flights into Red Lake at substantial savings.

1-800-465-3305

Submit Registration To:

Ted and Annwyl Shewchuk

Convention Chair

Box 1013

Red Lake, ON

POV 2M0

Ph: 807- 735-2801

Fax: 807- 735-2234

Email: campgyro@gmail.com

See you at Camp Gyro!